

Mental Health Matters



Real Estate Alliance of Livermore

REAL ESTATE ALLIANCE OF LIVERMORE

is proud to partner once again with

**LIVERMORE VALLEY UNIFIED SCHOOL DISTRICT
AND OUR LIVERMORE COMMUNITY**



**LIVERMORE
SCHOOL DISTRICT**



Brighter Days Fundraiser



September 9th 2021, 9am thru September 23rd 2021, 5pm

- **17% U.S. Youth Aged 6-17 Experience A Mental Health Disorder Every Year**
- **70% Of Those Do Not Receive Adequate Or Timely Services Or Support**
- **Approximately 50% Of Mental Health Disorders Begin By The Age of 14**

The need for mental health services has been amplified with the Covid-19 pandemic. Youth have been forced out of their routines, into a new type of learning, and into isolation. Undiagnosed, untreated, or inadequately treated mental health conditions can affect a student's ability to learn, grow, and develop. Increasing mental health awareness is key to reducing stigma and ensuring youth are connected to proper resources and support.

FEDERAL MENTAL HEALTH GRANT FUNDING FOR LVJUSD ENDS SEPTEMBER 30, 2021.

Our fundraising efforts will ensure that current mental health resources and training programs will continue and have expanded reach to additional school sites.

2021 Fundraising Goal – \$30,000

Learn More About Each Need

Mental Health Training

<https://bit.ly/3CKZQUE>

Calming Buckets

<https://bit.ly/3scugKX>

Wellness Center

<https://bit.ly/3AzHILK>

Wellness Center Mural

<https://bit.ly/3iLRHYt>



HOW CAN YOU MAKE A DIFFERENCE?

Fund A Need

<https://bit.ly/brighterdays2021>

Silent Auction

<https://bit.ly/brighterdaysauction>

The approach to student mental health is multi-faceted. For brighter days ahead, it requires the support of the entire community.

*For questions and more information please contact:
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