

Beginning Band (0 period) 3/19/20

### **GOOD PRACTICE HABITS:**

- Practice regularly, 30-45 minutes per day, 3-5 days per week
- Use good posture, standing is good!
- Use a music stand, tape/pin music to wall, etc.
- Use a metronome (smart phone app, or, free online "<https://www.metronomeonline.com/>"), or Tap/Count.
- Rehearse each exercise 3-5 times each
- Rehearse at a slow enough tempo where you can play the correct notes, rhythm, articulation, at a steady tempo, then speed up
- Start with an easy warm-up, focus on breathing, good articulations, tone quality
- Warm-up with rhythm charts and scales - Concert Bb and Concert F Scales (alternate)
- Rehearse new technical exercises (method book), review old technical exercises
- Rehearse new concert literature sections (8-16 measures a day), review old sections
- Rehearse finished concert literature
- Work on something you want (pop music, movie tunes, etc.)

### **LESSON PLAN:** (designed to maintain as close to possible a normal music experience)

1. Use first (4) warm-up notes to create and play a rhythm of your making at 84 beats per minute.
2. **Master (performance level)** Standard of Excellence line #84, play (3) times, slow, medium, fast (82, 94, and 106 BPM). Review new accidentals and alternate fingerings.
3. **Review (improve)** Standard of Excellence line #85, play (3) times, slow, medium, fast (72, 84, and 96 BPM). Watch new notes, counting (3/4), and slurs
4. **Teach (examine and learn)** Standard of Excellence line #86, play (3) times, slow, med., fast (72, 84, 92, BPB). Learn new notes, flutes use new Bb fingering. Percussion count!
5. Listen to "[Rocky Mountain Romp](#)" on [JW Pepper](#) or [SmartMusic](#), master measures 1-24, review measures 25-50, learn 51-end (focus on measure 59-60)
6. Listen to and Play all of "[Bringer of War](#)"
7. Spend time working on what you want, including pop tunes, movie stuff, etc.

### **For Students unable to practice at home:** (Designed to keep you connected to music)

Using JW Pepper or Smart Music, listen to and follow the score for our concert literature. You can watch; your part, how your part fits with other instruments, for groupings of instruments, how your part fits the percussion, etc. You can also search for possible pieces for us to play in the future. Email me recommendations via email "[mdivita@lvjUSD.org](mailto:mdivita@lvjUSD.org)"

### **Resources:**

**Smart Music** (<https://www.smartmusic.com/>) is offering free subscriptions through 6/30/20. Great program. Standard of Excellence, Books 1,2, and 3, as well as most, if not all our concert literature, is on it.

**JW Pepper** (<https://www.jwpepper.com/sheet-music/welcome.jsp>) has free recordings of all our concert literature. If you are having problems understanding a rhythm, tempo, technique, etc., it might be helpful. Feel free to search for new pieces!

**Muscore** (<https://musescore.com/>) lots of sheet music free to download or play right off your screen.

