

Beginning Band (0 period) 4/2/20 (white day)

## **LESSON PLAN:**

### **Warm-ups:**

1. Use the first (4) warm-up notes to create and play a rhythm of your making at 84, 92, at 100 beats per minute. Tap and count. Use a mix of half, quarter, and eighth notes and rests.
2. Using the first 6 notes of the Concert Bb Scale (line 88 in your book), improvise (make up in your head) a simple melody. No need to write down, internalize.
3. Use the Concert Bb Scale to play Rhythm Chart 5, line 1 (emailed on 3/28). Play each note from the scale for each measure of the rhythm chart.

For example, as you ascend (go up the scale) play a whole note Concert Bb for measure 1, then two half note concert C's for measure 2, one dotted half and one quarter note D for measure 3, a whole note Eb for measure 4, etc., until you reach the last measure.

When you get to the last measure, you should be on the last note of the scale (if you did it right). Then, repeat the rhythm pattern from the beginning and descend (go down) through the scale the same way, one note from the scale for each measure.

Good luck! Email me with questions.

### **Method Book:**

4. **Master (performance level)** Standard of Excellence line #88, memorize the scale and the arpeggio. We will use the scale for warm-ups in the future.
5. **Review (improve)** Standard of Excellence line #89, tricky line. First, check your key signature (extra flat, no sharp). The line starts with a pick up (beat 4) and it is in  $\frac{3}{4}$  time. Then, you have a first and second ending. The repeat goes back to the beginning repeat sign, not the pick-up note. Whew, thats a lot of stuff!
6. **Teach (examine and learn)** Standard of Excellence line #92, new note. No key signature, so everything is natural unless it has an accidental. New note in the gold box. Flute and Baritone, E natural. Trumpets and clarinets F#. A Sax, C#. Look at the fingering diagram.

### **Concert Literature:**

7. Listen to "Golden Eagle March" on [JW Pepper](#) or Smartmusic.
8. **Master** ms. #1-5
9. Review ms. #5-12, Do not let the eighth rest throw you. In ms. #5, the eighth note is on beat 1 and the eighth rest is on the and (or up-beat) of beat one, the quarter rest is beat two. So, play on beat one, rest on beat two and then one in the next measure, and then play on beat two. Take your time, it might help to listen to it again, check the finger chart in the back of the book for accidentals.
10. **Learn** ms. # 12-20, again, listening will help. Check your fingering chart for accidental fingerings. Count the tied quarter notes across the bar lines (beats 2 and 1).

Percussion use fake sticking to avoid playing the eighth rests on the beat and to help play the eighth notes on the off-beats (upbeats, or the and of the beat).

11. **Concert Literature:** Listen to and Play all of Bringer of War.

Above and beyond:

12. Spend time working on what you want, including pop tunes, Smartmusic, movie stuff, etc.

### **GOOD PRACTICE HABITS:**

- Practice regularly, 30-45 minutes per day, 3-5 days per week
- Use good posture, standing is good!
- Use a music stand, tape/pin music to wall, etc.
- Use a metronome (smart phone app, or, free online "<https://www.metronomeonline.com/>"), or Tap/Count.
- Rehearse each exercise 3-5 times each
- Rehearse at a slow enough tempo where you can play the correct notes, rhythm, articulation, at a steady tempo, then speed up
- Start with an easy warm-up, focus on breathing, good articulations, tone quality
- Warm-up with rhythm charts and scales - Concert Bb and Concert F Scales (alternate)
- Rehearse new technical exercises (method book), review old technical exercises
- Rehearse new concert literature sections (8-16 measures a day), review old sections
- Rehearse finished concert literature
- Work on something you want (pop music, movie tunes, etc.)

### **For Students unable to practice at home:**

Using JW Pepper or Smart Music, listen to and follow the score for our concert literature. You can watch; your part, how your part fits with other instruments, for groupings of instruments, how your part fits the percussion, etc. You can also search for possible pieces for us to play in the future. Email me recommendations via email "mdivita@lvjUSD.org"

### **Resources:**

**Smart Music** (<https://www.smartmusic.com/>) is offering free subscriptions through 6/30/20. Great program. Standard of Excellence, Books 1,2, and 3, as well as most, if not all our concert literature, is on it.

**JW Pepper** (<https://www.jwpepper.com/sheet-music/welcome.jsp>) has free recordings of all our concert literature. If you are having problems understanding a rhythm, tempo, technique, etc., it might be helpful. Feel free to search for new pieces!

**Muscores** (<https://musescore.com/>) lots of sheet music free to download or play right off your screen.

