

Intermediate Band 3/26/20 (blue day)

LESSON PLAN: Play scales per usual, Concert C, F, Bb, Eb, and Ab at 92 beats per minute.

1. Play Chromatic Scale, slurred, using an eighth note pulse, 84 beats per minute (BPM).
2. If you have a tuner (get a free/cheap app.) tune to individual tuning notes (long tone page)
3. **Master (performance level)** Standard of Excellence line #109, play (3) time (72, 84, 92, BPB). Make music
4. **Review (improve)** Standard of Excellence line #111, for upper register notes, think cold, fast, focused air, play two, then four measure in one breath. Start slow then speed up.
5. **Teach (examine and learn)** Standard of Excellence line #112 (triplets, 3/8), divide the beat into three equal parts. For 3/8, count 1,2,3. For triplets, count 1-la-le. Tap a steady beat and count. Start very slow.
6. Listen to Conquest on [JW Pepper](#) or [SmartMusic](#), and play through. Review 38 (start on beat 2) to 47. Work on picking up tempo while playing correctly all articulations. Play musically. Learn 47-58. Start slowly, focus on articulations and traps (variations on previous phrase).
7. Play through House Divided
8. Spend time working on what you want, including pop tunes, movie stuff, etc.

For Students unable to practice at home:

Using JW Pepper or Smart Music, listen to and follow the score for our concert literature. You can watch; your part, how your part fits with other instruments, for groupings of instruments, how your part fits the percussion, etc. You can also search for possible pieces for us to play in the future. Email me recommendations via email "mdivita@lvjUSD.org"

GOOD PRACTICE HABITS:

- Practice regularly, 30-45 minutes per day
- Use good posture, standing is good!
- Use a music stand, tape/pin music to wall, etc.
- Use a metronome (smart phone app, or, free online "<https://www.metronomeonline.com/>"), or Tap/Count.
- Rehearse each exercise 3-5 times each
- Rehearse at a slow enough tempo where you can play the correct notes, rhythm, articulation, at a steady tempo, then speed up
- Start with an easy warm-up, focus on breathing, good articulations, tone quality
- Warm-up with long tones/scales - Concert C, F, Bb, Eb, Ab, and Chromatic Scales
- Tune
- Rehearse new technical exercises (method book), review old technical exercises
- Rehearse new concert literature sections (8-16 measures a day), review old sections
- Rehearse finished concert literature sections
- Work on something you want (pop music, movie tunes, etc.)

Resources:

Smart Music (<https://www.smartmusic.com/>) is offering free subscriptions through 6/30/20. Great program. Standard of Excellence, Books 1,2,and 3, as well as most, if not all our concert literature, is on it.

JW Pepper (<https://www.jwpepper.com/sheet-music/welcome.jsp>) has free recordings of all our concert literature. If you are having problems understanding a rhythm, tempo, technique, etc., it might be helpful. Feel free to search for new pieces!

Musescore (<https://musescore.com/>) lots of sheet music free to download or play right off your screen.