

Beginning Band (0 period) 3/25/20 (white day)

LESSON PLAN:

1. Use first (4) warm-up notes to create and play a rhythm of your making at 84, 92, at 100 beats per minute. Tap and count. Use a mix of half, quarter, and eighth notes and rests.
2. **Master (performance level)** Standard of Excellence line #86, play (3) times (80, 92, 104, BPB). Focus on dynamics, tone quality, and air.
3. **Review (improve)** Standard of Excellence line #87, play (3) times (76, 84, 92 BPB). Alto Sax, review F# and G. Percussion count "1-e-&a" for sixteenths and use written sticking pattern (paradiddle). Everyone follow dynamics, accents, and 4 measure phrases (one breath).
4. **Teach (examine and learn)** Standard of Excellence line #88, focus on the first (5) measures (the scale). Clarinets, because of range issues, your scale is "broken up", part of it has high notes, some has low notes, review you low notes. Everyone, breath at beginning and at breath mark. Brass players, use fast air and your syllables (tee) for higher notes. Check your key signature, recognize the name both as concert pitch and actual pitch.
5. **Concert Literature:** Listen to "[Rocky Mountain Romp](#)" on [JW Pepper](#), play all.
6. **Concert Literature:** Listen to and Play all of Bringer of War
7. Spend time working on what you want, including pop tunes, movie stuff, etc.

For Students unable to practice at home:

Using JW Pepper or Smart Music, listen to and follow the score for our concert literature. You can watch; your part, how your part fits with other instruments, for groupings of instruments, how your part fits the percussion, etc. You can also search for possible pieces for us to play in the future. Email me recommendations via email "mdivita@lvjUSD.org"

GOOD PRACTICE HABITS:

- Practice regularly, 30-45 minutes per day, 3-5 days per week
- Use good posture, standing is good!
- Use a music stand, tape/pin music to wall, etc.
- Use a metronome (smart phone app, or, free online "<https://www.metronomeonline.com/>"), or Tap/Count.
- Rehearse each exercise 3-5 times each
- Rehearse at a slow enough tempo where you can play the correct notes, rhythm, articulation, at a steady tempo, then speed up
- Start with an easy warm-up, focus on breathing, good articulations, tone quality
- Warm-up with rhythm charts and scales - Concert Bb and Concert F Scales (alternate)
- Rehearse new technical exercises (method book), review old technical exercises
- Rehearse new concert literature sections (8-16 measures a day), review old sections
- Rehearse finished concert literature
- Work on something you want (pop music, movie tunes, etc.)

Resources:

Smart Music (<https://www.smartmusic.com/>) is offering free subscriptions through 6/30/20. Great program. Standard of Excellence, Books 1,2, and 3, as well as most, if not all our concert literature, is on it.

JW Pepper (<https://www.jwpepper.com/sheet-music/welcome.jsp>) has free recordings of all our concert literature. If you are having problems understanding a rhythm, tempo, technique, etc., it might be helpful. Feel free to search for new pieces!

Musescore (<https://musescore.com/>) lots of sheet music free to download or play right off your screen.